

# HEALTH HISTORY

Name \_\_\_\_\_ Date \_\_\_\_\_ Age \_\_\_\_\_  
Referring Doctor \_\_\_\_\_ Date of last exam \_\_\_\_\_  
Preferred Pharmacy and Phone # \_\_\_\_\_  
Reason for visit \_\_\_\_\_

## PERSONAL MEDICAL HISTORY

Have you been diagnosed with any of the following: give a brief explanation and approximate date

___ Blood Clots _____	___ Breast Problems _____
___ Diabetes _____	___ Heart Disease _____
___ High Blood Pressure _____	___ Lung Problems _____
___ High Cholesterol _____	___ Kidney Disease _____
___ Cancer _____	___ Thyroid Problems _____
___ Anemia _____	___ Asthma _____
___ Hernia _____	___ Chest Pain _____
___ Abdominal Pain _____	___ Recurring Diarrhea _____
___ Acid Reflux _____	___ Recurring Constipation _____
___ Abnormal Pap _____	___ Weight Loss _____
___ Other _____	

## PAST SURGICAL HISTORY

List all surgeries and give approximate date

\_\_\_\_\_  
\_\_\_\_\_

## MEDICATIONS

Please list all medications you are currently taking including over the counter medication such as Tylenol

\_\_\_\_\_  
\_\_\_\_\_

## ALLERGIES

Drugs, Foods, and Environmental

\_\_\_\_\_  
\_\_\_\_\_

## FAMILY MEDICAL HISTORY

Has anyone in your family had the following (circle yes and indicate relationship: father, maternal , etc.)

Ovarian Cancer	Yes	Relationship _____
Uterine Cancer	Yes	Relationship _____
Breast Cancer	Yes	Relationship _____
Colon Cancer	Yes	Relationship _____
Heart Disease or Stroke	Yes	Relationship _____
Osteoporosis	Yes	Relationship _____
Kidney Disease	Yes	Relationship _____
Asthma	Yes	Relationship _____
Hypertension	Yes	Relationship _____
Other (please specify)	Yes	Relationship _____

**WOMEN'S HEALTH**

Date of last mammogram \_\_\_\_\_  
Date of last menstrual period \_\_\_\_\_  
Date of last pap smear \_\_\_\_\_  
Do you have a history of abnormal paps? \_\_\_\_\_  
Are you now, or could you be pregnant? \_\_\_\_\_  
Current method of birth control \_\_\_\_\_  
Length of cycles \_\_\_\_\_  
Age of menarche \_\_\_\_\_  
Total number of times you've been pregnant \_\_\_\_\_  
Number of living children \_\_\_\_\_ Abortions \_\_\_\_\_ Miscarriages \_\_\_\_\_ Ectopic (tubal) \_\_\_\_\_

**PAST DIAGNOSTIC TESTING**

Please give approximate date  
Colonoscopy \_\_\_\_\_  
Bone Density \_\_\_\_\_  
Ultrasound \_\_\_\_\_  
Stress Test \_\_\_\_\_  
CT Scan \_\_\_\_\_  
X-Ray \_\_\_\_\_

**SOCIAL HISTORY**

Smoking History: Current \_\_\_\_\_ Former \_\_\_\_\_ Never \_\_\_\_\_  
Are you exposed to second hand smoke? \_\_\_\_\_  
Do you drink coffee or tea? \_\_\_\_\_  
Do you drink alcohol? \_\_\_\_\_ If yes, how often? \_\_\_\_\_  
Do you now or have you ever taken illegal drugs? \_\_\_\_\_  
What is your occupation? \_\_\_\_\_  
Are you: \_\_\_\_\_ Married \_\_\_\_\_ Single \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed

**I CERTIFY THAT THE ABOVE INFORMATION IS CORRECT TO THE BEST OF MY KNOWLEDGE. I WILL NOT HOLD MY DOCTOR OR ANY MEMBER OF HIS/HER STAFF RESPONSIBLE FOR ANY ERRORS OR OMISSIONS I MAY HAVE MADE IN THE COMPLETION OF THIS FORM.**